

# One Day At A Time

From: PraiseLive.Com (Marijohn Wilkin and Kris Kristofferson, 1974)

("I am just/still searching" by Anand K. Chavakula, Sept. 15, 2022, 7:15 pm)

Tempo: 6/8, bpm: 117

Intro: C G7 C F C

## Verse 1:

C G7  
I'm only human; I am just/still searching,  
G C  
Help me believe, in what I could be, and all that I am.  
C7 F  
Show me the stairway, I have to climb,  
F C G G7 C  
Lord for my sake, help me to take, one day at a time. **(Chorus)**

## Chorus:

C7 F C  
One day at a time sweet Jesus, that's all I am asking from You,  
G7 C  
Just give me the strength, to do every day, what I have to do.  
C7 F C  
Yesterday's gone, sweet Jesus, and tomorrow may never be mine.  
G7 C  
Lord help me today, show me the way, one day at a time.

## Verse 2:

C G7  
Do you remember, when you walked among men?  
G C  
Well Jesus you know, if you're looking below, it's worse now than then.  
C C7 F  
Pushing and shoving, crowding my mind,  
C G7 C  
So for my sake, teach me to take, One day at a time. **(Chorus)**